



Values Discovery Questionnaire

1. What people do I admire or consider role models in my life?

2. What are some common qualities of the people I admire?

3. What is one value that you would be willing to die for if you had to?

4. What are your top three roles in life (i.e. entrepreneur, student, husband, mother, etc.)

5. What value would you place before each of those roles?

6. What motivates me?

7. What brings me the most joy, satisfaction or pleasure?

8. What am I greatly interested in?

9. What do I want more than anything else in my life?
